Welcome to Winthrop!

Resource Guide for children and families



Please note that this is not a comprehensive list of all available programs and that information is subject to change as information is continuously changing.

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Pamphlet originally created by the Winthrop Parents Network

The Winthrop Parents Network, funded by the Department of Early Education and Care's Coordinated Family and Community Engagement Grant (CFCE) to provide early literacy, parenting education, developmental screenings, and resources and referrals for families with children aged 0 - 8, has partnered with CASA to provide comprehensive support to families in need.

In 2023, CASA founded the Winthrop Equitable Family Engagement Network funded by the Center on Child Wellbeing and Trauma-CART Initiative to offer additional assistance to non-English speaking children and families; further strengthening the organizations' joint efforts to improve early childhood education and family engagement in Winthrop.

Brought to you by











Local Departments

Fire

Address: 40 Pauline Street Phone Number: 617-846-3474 Fire Chief: Paul E. Flanagan

Chief's Email: pflanagan@town.winthrop.ma.us **Website:** https://winthroppublicsafety.com/

Police

Address: 3 Metcalf Square
Phone Number: 617-846-1212
Police Chief: Terence M. Delehanty
Chief's phone number: 617-846-1705

Chief's Email:

tdelehanty@town.winthrop.ma.us

Website: https://winthroppublicsafety.com/

Town Manager

Address: 1 Metcalf Square

Phone Number: 617-846-1705

Town Manager: Tony Marino

Email: Amarino@town.Winthrop.ma.us

Website:

https://www.town.winthrop.ma.us/town-mana

gers-office

Town Clerk

Address: 1 Metcalf Square, Room 5

Phone Number: 617-846-1742

Town Clerk: Denise Quist

Website:

https://www.town.winthrop.ma.us/town-clerk

Public Library

Address: 2 Metcalf Square
Phone Number: 617-846-1703

Children's Room Phone Number: 617-846-0616

Director: Greg McClay

Director's Email: gmcclay@noblenet.org

Website:

https://www.winthroppubliclibrary.org/

Public Schools

Address: 1 Metcalf Square **Phone Number:** 617-846-5500 **Superintendent:** Lisa Howard

Superintendent's Email:

lhoward@winthrop.k12.ma.us

Website: https://www.winthrop.k12.ma.us/

WP Gorman Fort Banks: pre k - 2

Address: 101 Kennedy Drive Phone Number: 617-846-5509 Principal: Mark McAneny

Principal's Email:

Mmcaneny@winthrop.k12.ma.us

Arthur T. Cummings: 3 - 5

Address: 40 Hermon Street Phone Number: 617-846-5543 Principal: Andrea O'Leary

Principal's Email:

aoleary@winthrop.k12.ma.us

Winthrop Middle School: 6 - 8

Address: 60 Payson Street **Phone Number:** 617-846-5507

Principal: Brian Curley

Principal's Email:

bcurley@winthrop.k12.ma.us

Winthrop High School: 9 - 12

Address: 400 Main Street

Phone Number: 617-846-5505

Principal: Matt Crombie

Principal's Email:

mcrombie@winthrop.k12.ma.us

For a complete list of all departments go to:

https://www.town.winthrop.ma.us/depart

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Health

Primary Care Physicians

Winthrop Neighborhood Health

Address: 17 Main St, Winthrop **Phone Number:** 617-568-6100

Website:

https://ebnhc.org/en/services/winthrop-neighb

orhood-health.html

MGH Revere HealthCare Center

Address: 300 Ocean Avenue, Revere, MA

Phone Number: 781-485-6000

Website:

https://www.massgeneral.org/locations/revere

Beth Israel Deaconess Healthcare

Address: 1000 Broadway, Chelsea MA

Phone Number: 617-975-6200

Website:

https://www.bidmc.org/locations/chelsea

Dr. Pramodchandra C. Shah, MD

Address: 365 Main St, Winthrop Phone Number: 617-846-5352

Dr. Gary Pransky, MD

Address: 52 Crest Ave Suite 1
Phone Number: 617-846-8622

Website:

https://hhma.org/physicians/gary-pransky/?ut m_source=Yext&utm_medium=Listings%20Man

agement

Mental Health

North Suffolk Mental Health -Boston Emergency Services Team (BEST)

Phone Number: 1-800-981-HELP (4357) This is toll-free number - 24 hours a day, 7

days a week to obtain services. **Description:** BEST provides

comprehensive, highly integrated system

of crisis evaluation and treatment services to the greater Boston area.

Parents Helping Parents -Parental Stress Line

Phone Number: 800-632-8188

This service is toll-free and confidential - 24 hours a day, 7 days a week to obtain

services.

Description: Parental stress line

counselors listen to your concerns and

problem-solve with you.

Eye Doctors

Matthew J. Kaim, OD

Address: 50 Jefferson St

Phone Number: 617-846-1734

Designer Optical

Address: 50 Crest Ave

Phone Number: 617-539-3937

Winthrop Eye Center

Address: 42 Woodside Ave.
Phone Number: 617-213-2131



Dental Care

Harborside Dental

Address: 313 Main St

Phone Number: 617-846-1112

Email: info@yourwinthropdentist.com

Website: http://www.yourwinthropdentist.com/

Brooks Dental

Address: 54 Woodside Ave Phone Number: 617-846-1811

Email: drbrooks@winthropsmiles.com **Website:** http://www.winthropsmiles.com

Arrigo Orthodontics

Address: 309 Main St

Phone Number: 617-846-1200 **Email:** mpaaortho@comcast.net

Website: https://www.arrigoortho.com/

Varinos Dental

Address: 155 Veterans Road Phone Number: 617-221-8339

Winthrop Dental Associates

Address: 249 Washington Ave Phone Number: 617-846-5934

Website: https://www.winthropdental.info/

Food Access

Winthrop Public Schools - Lunch To Go

Hours: 11:00am to 1:00pm - Monday through Friday to all WPS students

Location: Pick up at Winthrop High School - Rear parking lot next to the baseball field.

Description: If parents/guardians are not able to get to the pickup location at that time (11:00am - 1:00pm) to access the Grab and Go Meals please contact **Superintendent Lisa Howard** to discuss an

alternative to ensure that every child has access to meals.

Superintendent's Email: lhoward@winthrop.k12.ma.us

WIG

Website: https://www.mass.gov/orgs/women-infants-children-nutrition-program **Description:** WIC is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to Massachusetts families who qualify.

Winthrop Community Food Pantry

Address: 222 Bowdoin St. Winthrop MA

Phone Number: 617-846-6884

Mi Amore

Phone Number: 614-209-6211

Website: http://www.mi-amore.org/ (meals delivered to home)



Financial Support

Community Action Programs, Inter City, Inc. (CAPIC)

Website: http://www.capicinc.org/index.html

Description: CAPIC is a private, not-profit corporation chartered in 1967 and designated to identify and eradicate the root causes of poverty in Chelsea, Revere, and Winthrop. Since its inception, CAPIC has grown to meet the changing needs of the communities they serve, supporting self-sufficiency efforts of people struggling economically and emotionally.

Services:

- 1. Provides emergency housing assistance to clients
- 2. Utilizes United Way Emergency Food and Shelter Rental/Mortgage Assistance funds
- 3. Assists families to sustain and/or obtain permanent housing
- **4.** Averts shelter placement
- 5. Provides food vouchers
- 6. Refers clients to local food pantries
- 7. Refers clients to the Massachusetts Coalition for the Homeless
- **8.** Assists clients with obtaining Food Stamps
- 9. Provides housing and rental/utility assistance
- **10.** Provides fuel assistance
- 11. Distributes donated clothing
- 12. Distributes winter coats
- 13. Distributes houseware goods
- **14.** Offers basic housing search assistance

Mass Department of Transitional Assistance

Phone Number: DTA Assistance Line 877-382-2363

Hours: 8:15am to 4:45pm

Website: https://www.mass.gov/orgs/department-of-transitional-assistance

Description: The Department of Transitional Assistance (DTA) assists and empowers low-income individuals and families to meet their basic needs, improve their quality of life, and achieve long term economic self-sufficiency. DTA serves one in eight residents of the Commonwealth with direct economic assistance (cash benefits) and food assistance (SNAP benefits), as well as workforce training opportunities.



Winthrop Housing Authority

Address: 9 Golden Drive Phone Number: 617-846-7100

Website: https://www.town.winthrop.ma.us/housing-authority

Description: Winthrop Housing Authority provides affordable housing for elderly, disabled, and family tenants of moderate to low income. Programs include Public Housing, Rental Assistance,

Homeownership and Resident Service programs.

Houses of Worship

Temple Tifereth Israel (Jewish congregation)

Address: 93 Veterans Road Phone Number: 617-846-1390 Email: ttiwinthrop@gmail.com

Website: http://jewish-winthrop.org/index.html

St Michael the Archangel Parish (Roman Catholic)

Address: 320 Winthrop St Winthrop MA

Phone Number: 617-846-7400 Email: info@stjohnswinthrop.org Website: https://stjohnswinthrop.org/

First Church of Winthrop United Methodist Church (United Methodist)

Address: 217 Winthrop St Winthrop MA

Phone Number: 617-846-0708 Email: firstchurchum@gmail.com

Website: http://www.firstchurchwinthrop.org/

St John's Episcopal Church (Episcopal)

Address: 222 Bowdoin St Winthrop MA

Phone Number: 617-846-2363 Email: wconnelly1@aol.com

Website: http://www.stjohnsepiscopal-winthropma.org/

Harbor City Church

Address: 151 Pauline St

Phone Number: 501-249-5224 Website: harborcitychurch.net

Day Care Centers & Preschools

Winthrop Children's Corner Preschool

Ages: 2.9 - 7 year olds
Address: 210 Pauline St
Phone Number: 617-846-2151

Website: www.childrenscornerpreschool.com

Mrs. Marley's Nursery School

Ages: 15 months - 7 year olds **Address:** 415 Shirley Street **Phone Number:** 617-846-3579

Website: www.mrsmarleyspreschool.com

Pleasant Times Learning Center

Ages: infants - 5 year olds **Address:** 65 Putnam St

Phone Number: 617-846-5813

Website: www.pleasanttimeslearningcenter.com

Bright Beginnings

Ages: infants - 7 year olds Address: 89 Veterans Rd Phone Number: 617-846-4852

Website: www.brightbeginningswinthrop.com

Odyssey Early Learning Academy

Ages: infants - 5 year olds Address: 123 Veterans Rd Phone Number: 617-846-2123 Website: www.odyssey123.com

William P Gorman Fort Banks Elementary

Ages: 3 year olds *(for children with a*

disability) and 4 – 5 year olds

(tuition/lottery)

Address: 101 Kennedy Drive, Winthrop, MA

Phone Number: 617-846-5509 **Website:** www.winthrop.k12.ma.us

Little Vikings with WP Gorman Fort Banks preschool

Ages: 3 - 4 year olds

Address: Winthrop High School - 400 Main

Street, Winthrop, MA

Phone Number: 617-846-5505

After School Programs

For Kids Only

Address: 233 Winthrop Street Phone Number: 617-539-0001

Email: gcalmon@fkoafterschool.org **Website:** https://fkoafterschool.org/

21st Century Afterschool Program

Address: 40 Herman Street

Phone Number: (extension 6) 617-846-5543 Email: cdelvento@winthrop.k12.ma.us

Website: https://www.21stcenturycummingsafterschool.com

Winthrop Parks and Recreation

Address: 151 Pauline Street (Entrance through rear of building off of Brookfield Rd.)

Phone Number: 617-846-8243

Email: parksandrecreation@town.winthrop.ma.us

Website: https://winthropma.myrec.com/



Family Child Care Providers

Anderson, Annette

Address: 186 Lincoln Street
Phone Number: 617-838-2928

Email: richard.anderson17@comcast.net

Website:

https://eeclead.force.com/apex/eec_childcares earchproviderdetail?id=001f100001S2OarAAF

Hachache, Nour

Address: 31 North Ave

Phone Number: 617-935-4003 **Email:** noracare31@gmail.com

Website:

https://eeclead.force.com/apex/eec_childcares earchproviderdetail?id=001j000000qhnjjAAA

Hamilton, Marci

Address: 18-20 Tileston Road Phone Number: 617-513-5732

Email: ms.marcihamilton@gmail.com

Website:

https://eeclead.force.com/apex/eec_childcares earchproviderdetail?id=001j000000qhnrGAAQ

Hilal, Amanda

Address: 290 River Road #2 Phone Number: 617-849-3306 Email: hilala25@hotmail.com

Website:

https://eeclead.force.com/apex/eec_childcares earchproviderdetail?id=001f100001X8Vv6AAF

Galeas, Celestina

Address: 116 Herman St

Phone Number: 617-970-7193 **Email:** galeasc@verizon.net

Website:

https://eeclead.force.com/apex/eec_childcares earchproviderdetail?id=001j000000qhlxIAAQ

Klimas, Gail

Address: 24 Belcher St

Phone Number: 617-846-7173 **Email:** gail.klimas@gmail.com

Website:

https://eeclead.force.com/apex/eec_childcares earchproviderdetail?id=001f100001RBxZmAAL

Murphy-Perrotti, Susan

Address: 35 Marshall St

Phone Number: 617-721-8719
Email: teacher295@gmail.com

Website:

https://eeclead.force.com/apex/eec_childcares earchproviderdetail?id=001j000000qhl2xAAA

Youth Activities

Dance, Drama, and Music

Winthrop School of Performing Arts

Address: 45 Pauline St

Phone Number: 617-846-5299

Website: http://stageperformers.com/

Jessica Gordon's Academy Of Performing Arts

Address: 89 Veterans Rd

Phone Number: 617-846-6600

Website: https://www.jgapa.com/

Martial Arts

Boston Tae Kwon Do

Address: 1 Michael's Mall Phone Number: 617-539-4405

Website: https://bostontkdfitness.com/

Description: We work in conjunction with parents and guardians to succeed in accomplishing you and children's goals in making them the best they can be at home, in school, and in the community.

Cervizzi's Martial Arts

Address: 61 Woodside Ave
Phone Number: 617-846-3874
Email: cmaacrocker@amail.com

Description: Martial arts can provide a great physical workout, but you'll also get some mental exercise by working on your discipline and focus. Each of our karate classes is designed to provide students with the opportunity to improve their strength, their stamina, and their self-confidence.

Softball, Baseball & Tee Ball

Winthrop Little League

Email: admin@winthroplittleleague.com

Website: http://www.winthroplittleleague.com/

Youth Activities

Flag Football & Football

Winthrop Youth Football

Ages: 3rd - 8th graders

Phone Number: Peter Caggiano 617-719-6779

Website: http://www.winthropyouthfootball.com

Email: caggianofuneralhome@hotmail.com

Scouts

Girl Scouts

Website: https://www.gsema.org/

Description: With programs from coast to coast and across the globe, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure, and success.

Boy Scouts - Troop 75

Website: https://www.troopwebhost.org/Troop75Winthrop/

Scout Master: Steve Wojcik

Scout Master Phone Number: 617-285-7762

Committee Chair: Robert Douglas

Committee Chair Phone Number: 617-596-2696 **Hours:** Meetings on Mondays from 6:45pm - 8:30pm

Address: 320 Winthrop St Winthrop MA (St John's Church Evangelist Basement of School Building)

Gymnastics

Winthrop Gymnastics Academy

Address: 64 Putnam Street, 2nd Floor

Phone Number: 617-846-7606

Email: info@winthropgymnastics.com

Office Manager: Diane Keith

Office Manager's Email: Diane@winthropgymnastics.com

Description: The staff is passionate about shaping the next generation of gymnasts in a safe,

enthusiastic, and supportive environment.

Youth Activities

Cheerleading

Winthrop Viking Youth Cheerleading

Ages: Kindergarten - 8th grade

Phone Number: Chrissy D'Ambrosio 617-797-3344 **Phone Number:** Marissa Ferrara 617-605-4939 **Website:** www.winthropvikingyouthcheer.com

Description: There is no experience required and there are no tryouts to make the squad.

All that is required is enthusiasm, spirit, and regular practice to master cheers and

chants, and to build on teamwork.

Soccer

Winthrop Youth Soccer

Email: winthrop@ecysa.org

Website: http://winthrop.np.sportspilot.com/

Social Media: www.facebook.com/winthropyouthsoccer

Hockey

Winthrop Youth Hockey

Phone Number: Steve Indrisano 617-388-6503

Email: steve.indrisano@yahoo.com

Website: https://www.winthropyouthhockey.com/

Social Media: https://www.facebook.com/WinthropYouthHockey



Transportation

Bus Route 712 and 713

Website: Bus 712 - https://www.mbta.com/schedules/712/line **Website:** Bus 713 - https://www.mbta.com/schedules/713/line

Description: Point Shirley Or Winthrop Beach to Orient Heights via Winthrop Highlands & Winthrop

Center.

Orient Heights

Address: 1000 Bennington St, East Boston, MA **Website:** https://www.mbta.com/stops/place-orhte

Description: Orient Heights is located on the Blue Line and It runs from Bowdoin station in downtown Boston under Boston Harbor to East Boston and Revere on the inner North Shore, where

it terminates at Wonderland.

Winthrop Taxi

Address: 65 Revere Street

Phone Number: 617-846-9999 | 617-539-9999

Website: http://www.winthroptaxiservice.com/aboutus.html

Description: Winthrop taxi is dedicated to the needs of Winthrop, MA. It is owned and operated by Ride Right Transportation Inc. a local company that has been providing excellent service since

1996.

Winthrop Ferry

Address: Winthrop Ferry Terminal Building, 707 Shirley Street

Phone Number: 781-686-4099

Website: https://www.town.winthrop.ma.us/ferry

Description: The Valkyrie is Winthrop's ferry, providing regional transportation service between Winthrop, Quincy and Boston. Enjoy the harbor views and get to your destination in comfort.

Winthrop Parents Network

Address: 45 Pauline St.

Phone Number: 617-846-5543 extension 4562 **Email:** winthropparentsnetwork12@gmail.com

Website: https://sites.google.com/winthrop.k12.ma.us/wpn/home

Early Literacy

- Family literacy events
- Mommy and Me playgroups
- Wiggles and Giggles music
- Read and Rise workshops
- Book in a bag activities
- Library story hours

Parenting Education

- Ongoing parenting discussion series (with free child care)
- Weekly Parent café's
- Parenting handouts
- Website with resources and handouts
- Monthly home/school connection newsletters

Strengthening Families

- Family activities
- Resource and referral information
- Social and emotional developmental screenings
- Parenting education
- International night
- Collaboration with other agencies for assistance to families in crisis

Developmental Screenings

Description: Do you have questions or concerns about your child's development? Are you wondering about your child's social and emotional level or behavior? The Winthrop Parents Network has the Ages and Stages Questionnaire to screen children aged 0 to 5 year olds. The checklist will help identify your child's **strengths** and **weaknesses** and to see if they are at a **typical developmental level** for their age. This is a free service and is done with the parents as a team.\

Funded by the CFCE grant through the Dept of Early Education and Care.



Community Action for Safe Alternatives (CASA)

Address: 45 Pauline St

Phone Number: 617-784-8920 **Website:** winthropcasa.org

Mission: In collaboration with community partners, CASA offers no-cost, safe, inclusive programming with opportunities to build resiliency, foster social emotional learning skills, and address mental health needs for youth and families. Through outreach and initiatives, we aim to empower youth to actively engage in their communities and to reach their full potential.

Youth Programs/Events/Opportunities:

- Youth Advisory Board Our Youth Staff who also serve as our youth leadership branch of our organization.
- Middle School Day
- Q Club A group for queer youth in Winthrop.
- Men's Group
- Social Justice Group A group formed to address social inequality, mainly in Winthrop
- Cowboy Up
- Haunted House
- Peer-led Education

Community Impact:

- Winthrop Youth Providers Network
- CDI Program
- YouthWorks A Soft Skills Career Readiness Program for high school students.
- Board of Directors
- Community Service for Youth
- Program Initiative: Clinical Oversight of all Casa Programs
- Wellness Week: A Collaboration of Casa and Winthrop Public Schools
- Prevention Needs Assessment

Experiences/Opportunities for All:

- Free Trainings
- Volunteer Opportunities for Community Members
- Positive Partnerships with WPD
- Open Recreation Night
- Summer Events for the Community
- Massport Summer/Youth Jobs/"First Job" Employment Experience
- Middle School Leadership Program through DESE Grant Summer 2021

MASS Migrant Education Program - Collaborative for Educational Services

Phone Number: Suzana Amaral 978-604-4926 Phone Number: Hodaliz Borrayes 413-531-9838

Chelsea Family Resource Center

Address: 95 4th Street Chelsea, MA 02150

Phone Number: 617-694-3004

Assistant Program Director/Program Manager: Kristina M. Peralta, LICSW (she, hers)

Email: kperalta@thehome.org

English Learner Parent Advisory Council (ELPAC)

Phone Number: Fabiola Oliveira 781-686-4207

Email: foliveira@winthrop.k12.ma.us

Project Play

Website: projectplaywinthrop@gmail.com

The Home For Little Wanderers

Chelsea Family Resource Center Phone Number: Kristina Peralta 617-694-3004

Email: kperalta@thehome.org

Harbor Foster Closet

Phone Number: Micah 501-249-5223 Email: harborfosterclosetma@gmail.com

Harbor Area Early Intervention Program

Address: 130 Condor St. East Boston MA 02128

Phone Number: 617-569-6560

Description: Harbor Area Early Childhood Services offers developmental therapies to children aged birth to three years. Early Intervention services are provided to infants and toddlers presenting with developmental delay or who have risk of delay due to environmental, medical and/or

biological factors.

East Boston Community Council

Immigration Services Phone Number: 617-567-2750

Email: administration@ebecc.org

Website: ebecc.org

Winthrop Health Department

Website: https://www.town.winthrop.ma.us/health-department

Those Who Can for Those in Need

Phone Number: Judie VanKooiman 617-462-5719

Email: judie@twctin.org

Winthrop CLEAR Department

Website: https://winthropclear.com/

Housing Families

Email: info@housingfamilies.org **Phone Number:** 781-322-9119

Haven Project

Email: office@havenproject.net **Phone Number:** 781-913-5738

MASS Coalition For The Homeless

Website: masshomeless.org **Phone Number:** 781-595-7570

Commission for Diversity, Inclusion, and Community Relations

Address: Winthrop Town Hall - One Metcalf Sq. - Winthrop, MA 02152

Phone Number: 617-846-1742

Website:

https://www.town.winthrop.ma.us/commission-diversity-inclusion-and-community-relations

Federation for Children with Special Needs

Address: The Schrafft Center - 529 Main Street, Suite 1M3 - Boston, MA 02129

Phone Number: 800-331-0688 / 617-236-7210

Fax: 617-241-0330
Email: info@fcsn.org
Website: https://fcsn.org/

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Winthrop Parents Network







